

OUR CIRCLE

Susan

Fátima

Stephen

Shaleaka

Heidi

Rosie

Lilia

Marianne

Habiba

Devondra

Sarah

Shannon

SaiDee

Deanna

Monica

Allison

Christine

Ryan



JULY 20

THE HIDDEN POWER OF SHAME

AFFECT THEORY AND RESTORATIVE JUSTICE PRACTICE



Center *for* Restorative Justice

AGENDA – JULY 20TH, 2022

9 AM – 11AM

- Opening
- Check-in
- Processing Brenee Brown, TED Talk: Daring Classrooms
- Video on Restorative Justice Conferencing
- Check-out
- Closing

LUNCH BREAK

1PM – 4PM

- Cameo Thorne: Affect Theory
- Shame
- The Conferencing Model as experienced in the Video



OPENING

SUFFOLK
UNIVERSITY
BOSTON

VALUES

CLARITY AND ACUITY

SOURCE

MOVEMENT AND TENACITY

PATIENCE AND COMPASSION

STRENGTH IN SOFTNESS AND IN SPIKINESS

REBIRTH, GROWING, FALLING, COMING BACK

RESILIENCE AND RESOURCEFULNESS

SERENITY, PERSISTENCE AND PERSEVERANCE WITH HOPE

GROUNDING, SOLID, STRONG, USEFUL

COMMUNITY AND INTERCONNECTEDNESS

ABILITY TO GROW INTO SOMETHING EXQUISITE

BE APPRECIATIVE

ADAPTATION, RESILIENCE, FRAGILITY

BEAUTY AND PURPOSE IN EVERYTHING

COMFORT AND VALUE IN STILLNESS

THERE'S BEAUTY IN CHAOS

INNER BEAUTY AND RESILIENCE

EMBRACE CHANGE

LAUGHTER

BLOOMING FAMILY

PAIN AND JOY

EXPRESS FEELINGS

FAMILY INTERCONNECTEDNESS, CHAOS, POSSIBILITY

SENSE OF WONDERMENT

ACCOUNTABILITY

PATH TO FREEDOM IS LONG AND PAINFUL (LOTUS)

AWARENESS

FLUIDITY

MINDFULNESS

SELF-LOVE

CREATE/RESPECT BOUNDARIES

Our Guidelines: What do you need from yourself and others in our circle in order to fully participate?

- Humility & center ourselves in our work together
- Honor privacy - keep the stories in the circle - share the learnings
- Honor the talking piece

- Respect each other's dignity
- Grace with each other when making mistakes
- Be present - listen deeply - push aside what interferes

- Ground our agreements in flexibility, open mindedness & patience
- Practice vulnerability & trust
- Curiosity - learn from and teach each other
- Take risks
- Recognize perfection is a myth; progress not perfection
- Assume positive intent - put ourselves out there & seek clarification; work to understand where others are coming from

Our Guidelines: What do you need from yourself and others in our circle in order to fully participate?

- Acknowledge privilege that protects white fragility and its harm
- Be open to unlearning systemic oppression & check our fragility
- Detoxify our words
- Value chaotic discomfort
- Lean into discomfort
- Verbalize own our discomfort even when its chaotic
- Pause to name & repair harm
- Hold each other in our shared humanity for accountability
- Welcome feedback about harm
- Practice self-accountability & be open to it

Our Guidelines: What do you need from yourself and others in our circle in order to fully participate?

- Call-in; challenge with safety
- Suspend making or challenge negative judgments and assumptions
- Reckon, with a sense of perspective
- Take the time you need while being mindful of the need for others to have time.
- Practice step up/step back - with awareness of marginalizing power dynamics
- Take care of yourself in balance with taking care of the circle
- *When in circle, be mindful not use the chat unless you want to let the cohort know that you need to leave or have technical problems*

The values and guidelines will be shared with the fall and spring faculty, so that the cohort can continue to rely on and evolve them as needed.

CHECK-IN

What is something new for your practices that you learned from Kay Pranis?



LUNCH & JOURNALING

Affect Theory:

Identify a time or a time on the job or when you were a student when you noticed shame was impacting for motivating you but you/they didn't realize it at the time.

What happened?

How can the Affect Theory help improve relationships in your work and family?



CAMEO THORNE

Shame and The Affect Theory

CAMEO THORNE

THE MAGIC OF AFFECT: These are the
unseen threads that connect us all

&

SHAME



Conferencing Video Reflection

What was the role of family and
of community members in the
conferencing video?

How does conferencing differ
from circle?

.



CHECK-OUT

What surprised you today?



HOMEWORK

DUE NEXT CLASS:

- Question to Ponder or to Journal from class 4 July 14, 2022: How might we change the social training of the next generation? Please refresh your response
- Gordon Bazemore, The Synergy and Substance of Organizational and Community Change in the Response to Crime and Conflict: The Emergence and Potential of Restorative Justice, *Public Organization Review: A Global Journal* 5: 287–314 (2005)
- Brenda Morrison, Practicing Restorative Justice in School Communities: The Challenge of Culture Change, *Public Organization Review: A Global Journal* 5: 335–357 (2005)
- Opening and Closing on Day 10, Wednesday, July 20th: Shannon, Devondra, Deanna.



SUFFOLK
UNIVERSITY
BOSTON



CLOSING